

18th October 2016

PE & Sport Newsletter Term 1

Dear Parent/Guardians,

Something new for this year and to celebrate the success and efforts of our students we will be publishing a termly newsletter which will cover all aspects of PE and school sport. As the term draws to an end I thought it was a good opportunity to thank students and parents for their commitment and efforts with PE and school sport so far this year.

School Sport

As a school we have played over 45 rugby matches this term. Some of the highlights have seen the Year 7s win their first set of games and sharing the final at the Churchdown 10s Tournament against Chosen Hill. The final finished 0-0 after normal time and golden try so both teams finished victorious. Both the 1st XV and under 15's both lost narrowly in the Natwest Cup in their respective competitions. However both teams were very unfortunate not to progress further after narrow defeats with the 1st XV losing 29-24 and the u15's just missing out with Chosen Hill winning 17-15.



A real highlight of the rugby season so far was against Pates, where we were able to play seven fixtures in one morning and for the first time field a 1st and 2nd XV on a Saturday. The games finished with the 1st XV drawing 0-0 (unheard of in senior rugby) along with 3 wins and 4 losses across the other games/year groups. However what is more pleasing is the number of boys committing to Saturday sport which is a real reflection of the student's commitment and ethos for school sport which will continue to be developed.

A number of Year 11s also represented Gloucester District this term in the annual Under 16 District Festival with Gloucester narrowly losing to the Forest in the final. (From left to right: T Gregory, A Crouch, I Morrison, L Levell, P Bendall, E Thompson, J Dickson)

In other sports away from rugby in the district Table Tennis tournaments our under 16's finished second behind Sir Thomas Rich and our under 13's won to progress onto the County Tournament in November. The senior girl's netball team have seen more numbers than ever commit to training and although they lost their first game against Sir Thomas Rich, Miss Okell has high hopes for next term with many more games to come.



PE & Games

We have seen record numbers commit to extra-curricular clubs and practices and we are certainly making strides embedding a training culture with everyone keen to improve. In PE after the first series of base line testing, Year 7 students are well into the fundamental skills workshops during PE lessons. While the sports hall continues to be refurbished students in Year 8 have been focusing on Outdoor Adventurous Activity with Year 9 continue to complete The Crypt Sports Leaders Award. Students also competed in House Cross-Country within games this term as the first house competition of the year.



House Cross-Country Winners

Year 7 1. Harry Furniss 2. Curtis Hook 3. Joe Braisby Brown (overall winner)

Year 8 1. Xav Cleland 2. Ryan Berry 3. Louis Capaldi Whitefield (overall winner)

Year 9 1. Ed Leech 2. Brad Bevan 3. Joel Birchmore Whitefield (overall winner)

Year 10 1. James Swift 2. L Meredith-Wilks 3. James Stubbs Henley (overall winner)

Year 11 1. Jacob Duan 2. Sam Jones 3. Josh Fendt Moore (overall winner)

Functional Movement Pathway & Sports Academy

As with previous years we have further developed the Sports Academy to support our most able students in Years 8 – 11. After a successful launch Bronze athletes in Year 8 have started working with Ed Archer focusing on functional movement and Silver and Gold athletes in Year 9, 10 and 11 took part in fitness testing at Gloucestershire University and have now started their personal training logs. The personal development group for students in Year 8 upwards have met every Tuesday after school and continue to access specialist strength and conditioning coaching. Again the personal development group is open to any student who is not involved with rugby training on a Tuesday.



Crypt Sport Kit

As you may be aware this year we have introduced Crypt Sport kit for students to wear when representing the school and as part of our extra-curricular programme. The kit has been a huge success and students look very smart on a Saturday morning in the hoodies and tracksuit bottoms as they do in their uniform. I would like to stress that this kit is not compulsory and is an added extra to give us more identity when playing competitive sport.

Kit is available for students in Years 8-13 and will be available to students in Year 7 in September as we just want Year 7 students to engross themselves in school sport rather than worrying about kit. You can order a hoody and tracksuit bottoms at a reduced price of £55 direct with Academy Sports on their website (www.academysport.co.uk) or in their shop based in Cheltenham. Likewise I have attached an order form and this can be returned to school with a cheque made payable to The Crypt School. Orders must be received before **Friday 4th November** to ensure a quick turnaround of the order (approximately 6 weeks).


Future Events

Friday 11 th November	District Cross Country (Year 7 – 11)
w/b 21 st November	House Rugby (Year 8 – 13)
Tuesday 6 th December	Country Table Tennis Final (Year 8)
Tuesday 13 th December	Trampolining Dodgeball Competition (Year 7 & 8) *Teams will be picked as a reward for those students who have stood out in PE lessons.

A reminder to all parents to keep up to date with fixtures and events via our twitter page @cryptPE and the school sport website (www.cryptsport.co.uk).

As mentioned I would like to thank all students for their commitment to PE and school sport this term, it has been very busy term but it has certainly been a great start to the academic year. Likewise many thanks to parents for your support; whether that is physically standing on the touchline on a Saturday morning or acting as a taxi for your son or daughter to access the numerous activities on offer. If you have any questions or queries about any element of PE and school sport please do not hesitate to contact me.

Kind Regards,



Mr A Bawden
Head of Physical Education

(abawden@crypt.gloucs.sch.uk)