

Day	Clubs & Practices Term 1 & 2 (September – December 2018)	
	Lunchtime (1:20pm – 2pm)	After School (3:15pm – 4:30pm)
Monday	Handball Club (Year 10 & 11)	Senior Rugby – S&C HIIT Session (AB) Year 7 Rugby Training – (AHt/PS/AS)
Tuesday	Cross – Country Club (Year 7 – 11) (JMB/JDn) Junior Basketball Club (Year 7 – 9)	Junior Rugby Training Year 8 AHt Year 9 AS Year 10 MC Senior Basketball Club (Year 10 – 13)
Wednesday	Badminton Club (Year 7 - 9) (CO n)	Senior Rugby – Training / Game
Thursday	Cross – Country Club (Year 7 – 11) (JMB/JDn) Badminton Club (Year 10 – 13) (RSa)	Table Tennis Club (Year 9 – 11)
Friday	Senior Rugby – Captains Run (AB) Table Tennis Club (Year 8)	

